

Life Stuff

News To Help You Save Time And Money

June 2024

Top 7 Things You'll Never Hear a Dad Say

#7. "Well, how 'bout that? I'm lost! Looks like we'll have to stop and ask for directions."

#6. "I noticed that all your friends have a certain hostile attitude. I like that."

#5. "Here's a credit card and the keys to my new car. Go crazy!!!"

#4. "Your Mother and I are going away for the weekend. You might want to consider throwing a party."



#3. "Well, I don't know what's wrong with your car. Probably one of those doo-hickey thingies—ya know—that makes it run or something. Just have it towed to a mechanic and pay whatever he asks."

#2. "What do you want to go and get a job for? I make plenty of money for you to spend."

And the number one thing you'll never hear a dad say:

#1. "What do I want for Father's Day? I'd like a new phone, and that new speaker we saw at the store, and a TV, and a..." (Actually they will probably say, "Aw, your love is enough for me.")

Happy Father's Day to all the Dads!

Dan

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Wonky Wheels

Almost everyone has experienced it: You're smoothly navigating a grocery store with your shopping cart when, suddenly, it squeaks. Quickly, one-wheel rebels and spins erratically, and you find yourself struggling with the cart as if it were a stubborn animal.

Why does this issue seem to plague grocery carts? The reason is simple: Unlike carts in pharmacies or clothing stores, which usually carry lighter items and stay indoors, grocery carts endure heavy loads and face the harsh outdoor environment. This exposure to rain, snow, collisions, and debris—especially in parking lots—takes a toll, particularly on the wheels and the caster plates attaching them to the cart, which leads to malfunctions. According to CNN, this wear and tear, coupled with the high replacement cost of more than \$200 a cart, explains the frequent cart malfunctions.

So, the next time you wrestle with a wobbly grocery cart, remember it's a small price to pay for the convenience of hauling your heavy groceries and a testament to the unseen battles these carts endure in their daily parking lot adventures.

How to Build a Castle on the Beach

Building a sand castle can make you feel like a kid again or entertain the kids around you. But it isn't as easy as it looks. Professional sand sculptors use special tool kits, but you can build one with household items. For this project, you will need a shovel, funnel, putty knife, butter knife, one five-gallon bucket with the bottom cut out, and one regular 5-gallon bucket. The completed castle will have two towers joined by a "stone" wall.

First, create a big platform on which to build your castle. Mound up and pack down sand. Build your platform in six-inch segments, pack them down with your fists, and pour half a bucket of water over it.

Once your platform is finished, fill the bottomless bucket a quarter full with sand. Add half a bucket of water, then pack in more sand and water until the bucket is full. Place the bucket toward one side of the sand platform for the body of one tower and gently rotate the bucket to remove the sand.

Fill the funnel with packed sand and place it upside down on top for the pointed roof. Carve the body of the castle so it angles down and out from the roof. Then repeat the process for the second tower. You can build a wall between the two towers and carve stone shapes into it. Add more interest to the castle walls with carved doors and windows.

Celebrating 30 Years!

Whew! I've completed 30 years in real estate. Throughout the year I will be highlighting 30 different client celebration pictures (for 30 years) on my Facebook page with a few words from each client based on their own personal experience. If you want to take a peek, just go to my Facebook page, or better yet, send me a "friends" request and we can stay connected that way too. Thank you to all of you who have supported my business these past 30 years, whether I have personally helped you with a sale or by serving someone else you have referred to me.

Up Close and Personal

Have you ever wanted to do something but put it off until it was too late? I missed the opportunity to bring a friend of mine the milkshake he requested. Larry was the managing broker at an old Remax office where we worked together for many years. He had a wealth of knowledge and experience in the real estate industry. To Larry, education and professionalism were everything. Larry and I would go to lunch many times over the years, and Ted's Hot Dogs was at the top of our list. We both ended up at different offices many years ago, but kept in touch. A few months ago, before moving to an assisted living home, he called me and said he had three boxes full of old floor plans and builder brochures from all over the East Valley going back about 60 years. He asked if I would like to have them. I met his son at Larry's home to pick them up. I went to visit Larry a couple of months ago at his assisted living home and brought him a Reuben sandwich and chili from Culvers upon his request. He was in a wheel chair and we were going to go sit outside on the patio. But, as soon as we got outside, he kept cruising in his wheel chair and we went about a mile down the road. He liked being outside in the sun and fresh air. The next time I called him he sounded pretty weak and said he was not eating much as he could not swallow really well. He said he could sure go for a vanilla milk shake from Jack in the Box. I planned to bring him one, but kept putting it off. Then one night I got a message from his son that Larry had passed away that evening. So, if there's someone you've been meaning to visit, you might want to do it sooner than later. Or, like me, you might miss that opportunity.

Have an awesome month. *Dan*

Follow-Up Wins

Just a quick note to let you know how I can help you or anyone you refer to me.

Iain and Shawna referred Nadia to Dan. Nadia was renting and wanted to purchase a home. It had been thirty years since owning her last home. After living on a sailboat for five years and traveling around the world, it was time to settle back into homeownership. After driving by a home for sale in the area she wanted to live, Nadia fell in love with it before she even made it through the front door. The peaceful serenity and quiet area, combined with the beautiful mountain behind, was enough to make Nadia say, "Let's make an offer." So, Dan checked the status and the home had already been sold 😞. Dan followed up with the listing real estate agent to find out how everything was going. Come to find out, the home was going to be coming back on the market 😊. Dan and Nadia immediately went to take a look, and Nadia fell in love with it even more once she got inside. So, they went back to Dan's office to write an offer. Dan had her offer accepted before the home even had a chance of going back on the market. Yes, timing is everything. Nadia will spend many days relaxing on her back patio in her easy chair with a book in hand, enjoying her lovely mountain view through the canopy of the Palo Verde trees.

If you know someone who would like to find their dream home, just have them call me at 480-390-5380. I'd be happy to help them just like I helped Nadia.

Muscle Matters

A vast majority of people neglect strength training exercises, such as weightlifting, using resistance bands, or practicing bodyweight exercises like squats and push-ups. However, overlooking this type of exercise has consequences, as highlighted by the U.S. Centers for Disease Control and Prevention (CDC), which advises most adults, including seniors and those with chronic conditions or disabilities, to engage in muscle-strengthening activities at least twice weekly, along with 150 minutes of moderate aerobic activity/week.

The merits of strength training are numerous:

Weight Management: By preserving and building lean muscle mass, strength training enhances metabolism, aiding in weight management. Additionally, increased muscle mass correlates with improved insulin sensitivity.

Bone Health: Activities like resistance training and weight-bearing exercises foster healthy bone density and mitigate the risk of osteoporosis.

Enhanced Quality of Life: Engaging in muscle-strengthening activities facilitates everyday tasks, such as stair climbing and heavy lifting, thereby improving overall physical function. Moreover, it can help older adults prevent falls.

Management of Chronic Conditions: Individuals with conditions such as obesity, arthritis, depression, or diabetes can all find relief through strength training.

Initiating a strength-training regimen, with approval from your healthcare practitioner, need not be daunting. Only simple attire and adequate space are needed. Opt for three to five fundamental exercises, such as squats, wall push-ups, glute bridges, and step-ups, and perform two to three sets of 8-12 repetitions with a minute rest between sets.



See An Interesting Home?

No need to wonder about the price or call a high-pressure sales agent who will make you feel obligated. I can send you the information quickly and easily for any house, listed or sold, anywhere in town.

Just ask me! It's all part of my free, no-obligation HomeFinder Service.

Email me or leave the address on my voicemail, anytime, 24 hours a day, and I'll mail or email all the information on that listing within 24 hours.

(480) 390-5380
danazhomes4sale@hotmail.com

Who Do You Know?

Who do you know who recently had a baby and might be outgrowing their home? I am happy to talk with them and answer any questions about buying a larger home. Just have them call me at 480-390-5380 or email at danazhomes4sale@hotmail.com

A Stargazer's Guide to Summer Nights

The warm nights of June offer a canvas for celestial wonders, which are perfect for avid and casual stargazers. Here's a concise guide for not to miss sky-gazing opportunities, validated by leading astronomical sources.

The Bootids Meteor Shower Peak: Around June 27th, the Bootids could surprise with more than the usual five to ten meteors per hour, advises the International Meteor Organization. It is best viewed in dark skies post-midnight, according to Planetary Showcase.

Jupiter and Venus: These planets light up the early June dawn. Watch for their close encounter mid-month, a visual treat highlighted by NASA.

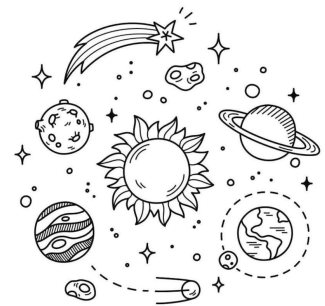
Saturn at Opposition: With a small telescope, catch Saturn and its rings as it brightens mid-June, making it a prime viewing target, as noted by the American Astronomical Society.

Summer Triangle: Vega, Deneb, and Altair form this prominent feature, guiding eyes to summer's celestial highlights.

Darkness is Key: Use light pollution maps to find the darkest viewing spots.

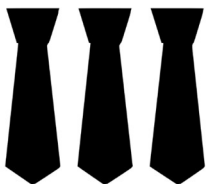
Adjust Your Eyes: Allow 15 minutes for your eyes to adapt to the dark.

App Assistance: Choose stargazing apps carefully to maintain night vision.



The June 2024 sky is ripe for exploration with meteor showers, planetary alignments, and the Milky Way's splendor!

PSST- Did You Know?



Happy Father's Day

The first Father's Day was celebrated on June 19, 1910, in the state of Washington. However, it was not until 1972 that the day honoring fathers became a nationwide holiday in the United States.

"It is admirable for a man to take his son fishing, but there is a special place in heaven for the father who takes his daughter shopping." ~John Sinor

Father's Day is on June 16

Free Reports

- How to beat other buyers to the best listings
- Five powerful buying strategies
- Seven different reasons to own your own home
- Ten simple steps to ensure your home sells at top dollar
- The nine most deadly mistakes you can make when selling your home
- How sellers price their homes
- Making the move easy on the kids
- Protect your home from burglars
- How to show your home
- Things you should know about moving
- How to stop spending money on rent and own a home instead

How to Order:

- Call/Text Dan at 480-390-5380
- Go to Dan's website at www.PlanYourArizonaMove.com
- E-mail Dan at danazhomes4sale@hotmail.com

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Future of Prosthetics

When Luke Skywalker famously lost his hand, it wasn't a significant setback because, as a Jedi, he could easily acquire a prosthetic hand and resume wielding his lightsaber without much difficulty.

While such advanced prosthetics are commonplace in the realm of science fiction, they remain an aspiration. However, breakthroughs are underway, with researchers now capable of developing prosthetic hands equipped with temperature-sensing capabilities. This innovation holds promise for amputees by offering them replacement limbs that are more functional and practical. Recent advancements have enabled the integration of sensors onto the fingertips of prosthetic limbs. These sensors can detect temperature variations and transmit this information to the nerves in residual limbs.

Consequently, the brain can interpret these signals, and create the sensation that the missing limb is still present and allow amputees to perceive hot and cold temperatures.

Remarkably, the sensor system, dubbed MiniTouch, predominantly uses off-the-shelf electronic components, making it feasible to incorporate heat-sensing capabilities into existing prosthetic models. Future iterations might feature more sophisticated and tailored designs, and the initial outcomes are promising. According to reports from *The Brainy Insights*, the current global prosthetics market exceeds \$8 billion, with anticipated advancements and technological enhancements likely to drive its value even higher.

The potential applications of such sensory enhancements are vast, with early users already contemplating their use in daily activities, such as cooking. Researchers anticipate that enhancing sensory functions will result in prosthetic limbs that closely mimic biological limbs in terms of utility and functionality.

The Dog Scoop

Every once in a while, Buckley won't eat his food. The last time that happened, I mixed in a little shredded cheese and his food disappeared.

The Founding of Father's Day

The founder of Father's Day was Sonora Smart Dodd, according to many historians. She was the daughter of a widowed Civil War veteran who had raised her on his own. Dodd came up with the idea when listening to a Mother's Day sermon in 1909. She held her own special tribute for her father on June 19, 1910, in Spokane, Washington, and began a campaign for an official celebration thereafter.

Initially the idea of Father's Day was met with skepticism in the US. But in 1926 a National Father's Day Committee was formed in New York City, and in 1966 President Lyndon Johnson signed a proclamation designating the third Sunday in June as Father's Day. But it wasn't until 1972 that President Richard Nixon officially recognized it as a national holiday. The holiday migrated to Canada soon after.

Ben says...

"Thank you, Dan, for making our first-time home purchase a very fun, smooth, and easy process. Everything seemed to fall into place perfectly, and we realize that it was because of your attention to detail that has made our experience truly remarkable."

See over 100 more rave reviews from actual clients at www.PlanYourArizonaMove.com. Just click the "True Stories" link at the top of the page. You can call Dan directly at 480-390-5380 or email at danazhomes4sale@hotmail.com

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