

# Life Stuff

News To Help You Save Time And Money

May 2011

## “Hello, Dorothy”

A university professor gave his students a pop quiz. Most of the students were conscientious about their studies and had little difficulty answering the questions – that is, until they reached the last one.

The question was, “What is the first name of the woman who cleans the school?” The students looked at each other quizzically, not knowing if it was some kind of joke. Some knew what she looked like; she was tall and dark-haired, about 50 years old. But none knew her name. They handed in their papers without answering the question.



At the end of the class, a student asked the professor if the last question would count toward their quiz grade. The professor replied, “Absolutely. In your careers you will encounter many people, every one of whom is significant and deserves your attention and care. Even a simple smile or a ‘Hello’ is an act of attention.”

Find a home before interest rates rise at  
[www.PlanYourArizonaMove.com](http://www.PlanYourArizonaMove.com)

The students learned their lesson. The students also learned the name of the cleaning lady: Dorothy.

Is there a “Dorothy” in your life?

Dan

### INSIDE THIS ISSUE

- The “Are You Ready To Be A Mother?” Test
- Up Close And Personal
- Can You Buy Happiness?
- Go Fly A Kite!
- Wanting More Sun
- What Is May 30?
- Don’t Lose Your Memories
- Ridiculous Riddles
- This Is Your Teen’s Brain...On Alcohol
- High Stress = Slow Healing
- It’s All About Perspective

## Excellence Is...

Excellence is about dedicating yourself to a life of continuous improvement. It’s about being happy with what you’ve accomplished but always recognizing that there is more to be done. It’s about learning from your mistakes but never letting them suffocate the true champion inside of you. It’s about steadily traveling towards the horizon, even though you are ever aware that it will keep moving. It’s about weaving these fundamental beliefs into the very core of your character, your personality, and your spirit. – Dr. Dana Mohler-Faria

# The “Are You Ready To Be A Mother?” Test

Mother’s Day is Sunday, May 8, and if you or someone you know is considering motherhood, here are some tests provided by actual moms to help you with that decision:

**Mess Test:** Smear peanut butter on the sofa and curtains. Now rub your hands in the wet flower bed and then rub on the walls. Cover the stains with crayon. Place a fish stick behind the couch and leave it there all summer.

**Toy Test:** Obtain a 55-gallon drum of LEGOs (if LEGOs are not available, you may substitute roofing tacks). Have a friend spread them all over the house. Put on a blindfold. Try to walk to the bathroom or kitchen. If you step on one do not scream – this could wake a child at night.

**Grocery Store Test:** Borrow one or two small animals (goats are best) and take them with you as you shop at the grocery store. Always keep them in sight and pay for anything they eat or damage.

**Feeding Test:** Obtain a large plastic milk jug. Fill halfway with water. Suspend from the ceiling with a stout cord. Start the jug swinging. Try to insert spoonfuls of soggy cereal (such as Fruit Loops or Cheerios) into the mouth of the jug, while pretending to be an airplane. Now dump the contents of the jug on the floor.

**Night Test:** Prepare by obtaining a small cloth bag and fill it with eight to 12 pounds of sand. Soak it thoroughly in water. At 8pm begin to waltz and hum with the bag until 9pm. Lay down your bag and set your alarm for 10pm. Get up, pick up your bag, and sing every song you have ever heard. Make up about a dozen more and sing these until 4am. Set alarm for 5am. Get up and make breakfast. Keep this up for five years. Look cheerful.

## April Quiz Answer

**Question:** A *Litocranius walleri* is better known as what?

**Answer:** Gerenuk.

**Source:** [www.thebigzoo.com](http://www.thebigzoo.com)

**Congratulations** to Reata Fanshaw. Her name was selected at random from all of the correct quiz entries, and she received two free Harkins Movie Passes.

## The Kid Scoop

Ryan (11) recently had his cross over ceremony when he went from being a cub scout to a boy scout. I think he has his eye on becoming an eagle scout one day.

Brandon (8) has been collecting these miniature gomu erasers. There are over 100 of them available in different themes such as pets, music, gadgets, etc...That makes my youth stamp collection pretty boring.

**Final Assignment:** Find a couple who already have a small child. Lecture them on how they can improve their discipline, patience, tolerance, toilet training, and child’s table manners. Emphasize to them that they should never allow their children to run wild. Enjoy this experience. It will be the last time you will have all the answers.

---

*“This thing that we call “failure” is not the falling down, but the staying down.”*

-- Mary Pickford

## UP CLOSE AND PERSONAL

After finishing the pack Pinewood Derby in first and second place out of forty total racers, Ryan and Brandon wanted to go to the council races, where the best of the best from all cub scouts packs in the state compete. So, they got registered and we were off to another day at the races. Ryan raced first and competed against others in his Webelos II rank. He ended up with a 3<sup>rd</sup> place trophy and got to compete in the finals later that day. Brandon did well, but did not get a trophy for his Bear rank. Before the final races, we took a break and went to Subway to get something to eat (keeping with my new healthy eating plan). When we came back, Ryan had to get his car weighed and re-inspected for the finals. Although Ryan did not get a trophy in the finals, it was great just being able to participate. He ended up number 12 out of 77 racers for the day. Brandon was 28 out of 77. Not bad for the state competition. The coordinator of the event (who owned the track) had six grandkids racing that day. All six of them came in the top eight overall. There was probably some advantage there, but it was fun to watch them all compete. Ryan now graduates cub scouts and moves up to boy scouts. Maybe Brandon will want to try to compete against the six grandkids next year at the state races. If so, we better start construction early and not wait until the last minute.

Have an awesome month.

Dan

## Can You Buy Happiness?

It turns out that the conventional wisdom is wrong: It is possible to buy happiness – when you spend your money on others. Researchers at the University of British Columbia and Harvard University found that people who buy gifts for others and make charitable donations report being happier than people who spend their money primarily on themselves. The scientists studied 630 men and women and asked them to rate their general happiness, their annual income, and their monthly spending including bills, gifts for themselves, gifts for others, and charitable contributions.

Researchers also measured the rates of happiness for people who received bonuses in varying amounts from their employers. Again, they found that it was not how much money the participants received that predicted happiness levels, but rather how the recipients spent the money. Those who donated more of their bonuses to charity or used it for gifts for others rated themselves as happier than those who did not.

In a third look at this phenomenon, the researchers gave participants a \$5 or a \$20 bill and asked them to spend it before 5pm on the same day. Half were given the instruction to spend the money on themselves, half to spend it on others. The half who spent their money on others reported feeling better at the end of the day than those who didn't. The researchers say that even spending a small amount on someone during the day can significantly improve our feelings of happiness.

# Go Fly A Kite!

If you're someone who enjoys kite flying, you might also enjoy these kite facts, courtesy of the World Kite Museum and other sources:

- More adults in the world fly kites than children.
- Kites were used to deliver letters and newspapers during the American Civil War.
- The highest altitude achieved by a single kite: 13,609 feet above ground in August 2000. A train of eight kites reached a height of 31,955 feet in August 1919.
- The world record for the longest "kite fly" is 180 hours.
- Kites were banned in Japan in 1760 because too many people preferred kite-flying to working.
- It's believed that the first kites were flown more than 3,000 years ago and were made of leaves.
- Each year on the second Sunday of October, kite flyers in nearly every country of the world unite and fly a kite to celebrate One Sky One World.



# Wanting More Sun

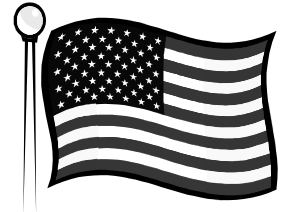
Just a quick note to let you know how I might help you or anyone you refer to me.

Patrick and Mary Lou have been visiting Arizona for many years. The sunshine and warm weather are very appealing, especially when coping with the cold and snow back east where they live. They wanted a place of their own in Arizona, where someday they could spend more time, and even allow family and friends to enjoy it with them. So, Dan had been on the search for quite some time to help make this dream a reality. Patrick and Mary Lou finally made the trip with the intent to find a home. After a lot of looking, they found just the place. It even came fully furnished! The seller was moving back to Hungary and was leaving everything with the home. This was one of those rare finds where there were no banks involved (like with short sales and foreclosures). It was very well taken care of. The seller was able to give full disclosure about the home, in addition to an insurance claims history report (both of which the banks don't provide). Now that Patrick and Mary Lou have a place of their own in Arizona, there just might be more trips to the sunny weather in their future.

If you know someone who would like a place of their own, and a break from the cold and snow, just have them call me at 480-355-8011. I would be happy to help them just like I helped Patrick and Mary Lou.

# What Is May 30?

Monday, May 30, means more than a three-day weekend. May 30 is Memorial Day, a day to remember and honor members of the military who gave their lives in service to our country. It's also a day to recognize the ongoing sacrifices made by military men and women – and their families – by displaying the flag, participating in local celebrations, and simply saying “Thank you” whenever you encounter someone in uniform.



*True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.* – Arthur Ashe

## Don't Lose Your Memories

According to numerous interviews with police and fire departments, photo albums are the number one possession that people regret losing in a flood or fire. The professionals recommend putting photo negatives or CDs in a watertight envelope and placing it in a fireproof box, or storing the material offsite – in a safe deposit box, for example. If you're using an online storage system, it's still a good idea to backup all your files on CDs or a flash drive and then keep the CDs or flash drive in a fireproof or safe deposit box.

## Ridiculous Riddles

1. What shoes should you wear if your basement is flooded?
2. What has four legs and only one foot?
3. What animal keeps the best time?
4. What occurs once in a minute, twice in a week, and once in a year?

Answers: 1. Pumps. 2. A bed. 3. A watchdog. 4. The letter “e.”

## *Don't Keep Me A Secret*

*PLEASE TAKE TWO MINUTES AND THINK OF THE NEXT PERSON YOU KNOW WHO IS MOST LIKELY TO BUY OR SELL A HOME IN THE NEXT SIX MONTHS. I NEED YOUR HELP. I HAVE GREAT SYSTEMS IN PLACE TO GIVE YOUR REFERRALS THE WORLD CLASS EXPERIENCE THEY DESERVE. WORKING BY REFERRAL ALLOWS ME TO SPEND THE NECESSARY TIME NEEDED WITH MY CLIENTS, AS OPPOSED TO USING THAT TIME LOOKING FOR NEW BUSINESS. I CAN'T DO IT WITHOUT YOU. AT LEAST GIVE THEM THE OPPORTUNITY TO TALK WITH ME TO SEE IF I CAN HELP THEM. I WILL NEVER PRESSURE YOUR REFERRALS OR MAKE THEM FEEL OBLIGATED IN ANY WAY. CALL ME OR E-MAIL ME WITH THEIR NAME. YOU'LL BE GLAD YOU DID, AND THEY'LL THANK YOU FOR DOING SO.*

## Free Reports

- ❑ How to beat other buyers to the best listings
- ❑ Five powerful buying strategies
- ❑ Seven different reasons to own your own home
- ❑ Ten simple steps to ensure your home sells at top dollar
- ❑ The nine most deadly mistakes you can make when selling your home
- ❑ How sellers price their homes
- ❑ Making the move easy on the kids
- ❑ Protect your home from burglars
- ❑ How to show your home
- ❑ Things you should know about moving

### How To Order:

- Call Dan at 480-355-8011
- Go to Dan's website at [www.PlanYourArizonaMove.com](http://www.PlanYourArizonaMove.com)
- Fax to Dan at 480-355-9026
- Email Dan at [danazhomes4sale@hotmail.com](mailto:danazhomes4sale@hotmail.com)

# This Is Your Teen's Brain...On Alcohol

Here's another reason to warn adolescents about the dangers of drinking: According to a report by the American Medical Association, the brain appears to be especially susceptible to alcohol damage during a person's high school and college years. While the brain physically stops growing when a person reaches the age of five, its cells continue to refine and realign themselves until a person is 20 years old.

The late-teen/early adulthood period is recognized as prime drinking years for many. As a result, the consumption of alcohol – whether moderate or heavy – could bring about long-lasting brain damage, especially in regard to memory and critical thinking.

Teen drinkers are particularly vulnerable in two areas of the brain: the hippocampus, which is responsible for the brain's memory, and the prefrontal cortex, which is paramount in decision making.

## High Stress = Slow Healing

A recent study at Ohio State University found that high stress levels slow healing. Students with small surface wounds needed 40 percent more time to heal during final exams compared to those with similar wounds who weren't under pressure. "This is news to keep in mind if you're heading in for elective surgery," says Dr. Phillip Marucha. "Trying to get too much done beforehand could heighten stress and thereby slow recovery."

## It's All About Perspective

A woman hired a bricklayer to build a wall outside her upscale home.

Talking with him while he worked, she was amazed to discover he was the brother of a brilliant concert violinist whom she'd recently seen perform. "Oh, you're so lucky to have such a talented brother," she said.

Then, fearing the man might be sensitive about his manual labor job, she added, "Of course, we can't all be equally talented."

"You said it, lady," the man responded earnestly. "Take my brother. When it comes to doing something important like building a wall, he's useless."



### May Quiz Question

What is the only rock that floats in water?

Everyone who emails or calls in the correct answer by May 20<sup>th</sup> will be entered into a drawing for two free Harkins Movie passes.

(480) 355-8011

[danazhomes4sale@hotmail.com](mailto:danazhomes4sale@hotmail.com)

### Go Green: Recycle This Newsletter!

After you've enjoyed my newsletter, please recycle it by passing it along to a family member, friend, neighbor or coworker.

# Find A Cheap Foreclosure At

[www.PlanYourArizonaMove.com](http://www.PlanYourArizonaMove.com)

480-355-8011

Copyright 2011 Dan Kilde. This information is solely advisory and should not be substituted for legal, financial or tax advice. Any and all financial decisions and actions must be done through the advice and counsel of a qualified attorney, financial advisor and/or CPA! I cannot be held responsible for actions you may take without proper financial, legal, or tax advice!

*Life Stuff*  
Dan Kilde  
RE/MAX Infinity  
2450 S. Arizona Avenue #1  
Chandler, AZ 85286  
480-355-8011

Thank You!

**Feedback To: [danazhomes4sale@hotmail.com](mailto:danazhomes4sale@hotmail.com)**